

NEWSLETTER No 3 – 2014/5 22nd SEPT 2014

WALLSEND RSL ATHLETIC CLUB

WALLSEND RSL LITTLE ATHLETIC CENTRE

www.wallsendathleticsclub.org.au

A.B.N. 70 859 060 841

WHAT'S ON TONIGHT

Tonight will be Round ONE (1) Program THREE (3)

TRAINING

General Club training is on Thursday 5pm to 6pm

REGISTRATIONS (During Building Construction)

REGISTRATIONS ARE BEING TAKEN in the Female Change Room

FEMALE TOILETS are to be the two new unisex toilets

THE CHANGES are indicated with Notices

PLEASE SIGN THE OFFICIALS SHEET

YOU are an OFFICIAL YOU are a HELPER

IF YOU ARE CONDUCTING A EVENT

YOU NEED TO SIGN THE OFFICIALS SHEET IN THE FOLDER

NO SPIKES

New LA Rule is Under 9 athletes are no longer allowed to compete in spikes and from 2015 season this applies to Under 9 and Under 10

WELCOME to WALLSEND ATHLETIC CLUB

The Club Committee offer a "welcome back" to our previous Club Members and gives a "Special Welcome" to all the new Members

WARNING TRACK DANGER

Athletes and Parents need to be well aware that Track Events are being conducted almost continually **BE CAUTIOUS WHEN CROSSING TRACK**

CHILD PROTECTION DECLARATION

Under NSW State Laws all persons working in activities where children are involved **MUST COMPLETE** a Working With Children Form

THIS IS REQUIRED TO BE DONE EVERY YEAR

If you have not signed a Form, Please get a copy from Table ..complete and sign tah.....thank you

CLUB HANDBOOKS

We still have copies if the 2014<>2015 Club Yearbook available
If you don't have a copy please obtain your copy from the Table

CLUB RECORDS

Records MUST be claimed on the night of performance
Track Records have the sheets signed off by the Chief Timekeepers
Field Event Records get a Club Official to check the distances and sheet

WHAT'S COMING UP

Thurs to Sunday 9th – 12th October

NSW Allschools T&F Championship ENTRY CLOSE 23/9/14

At Sydney Olympic Park Athletic Centre Homebush Bay

12yrs to 18yrs entry fee \$20 per event

All event information // program and Entry via ANSW website

WALLSEND TRACK & FIELD GALA DAY

Here at Federal Park on **SUNDAY 26th OCTOBER**

Entry Form is on the Table, you can put your entry in at the Table

Our little teasers

Answer to last week

ONE BY ONE UNDER ARM

BACK
BREAKING

DOUBLE
DATE

ONE ONE

BA CK

DATE

ARM

DATE

now more teasers

**N r G LOOK
 THERE**

WATTS2IGNITE

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